

Activity Name:
Getting to Know You
Dice

Grade Level: 6-8

Activity Length: 20 minutes

Before beginning, teachers should offer accommodations specifically mentioned in a student's IEP to support their ability to participate in the activity.

Standard(s) and Grade-Level Outcome(s) or Indicator(s):

- Standard 4 Exhibits responsible personal and social behavior that respects self and others.
 - o S4.M4 Working with others
- Standard 5 Recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.
 - S5.M6 Social Interaction

Objective(s): By the end of the activity, students will be able to...

- 1. Learn more about their peers.
- 2. Improve on health-related fitness components.

Materials Needed:

- 2 dice to each pair/group
- One template "Getting to Know You" Dice Game for each pair/group

Activity Progression

- Divide students into pairs.
- Each group receives 2 dice.
- The first student rolls the dice and answers the question related to it (see the template below).
- Each student selects an exercise to perform after both students have shared their answers.
- Next student rolls the dice.
- Continue until time is up or a number of questions have been answered.

Modifications/Differentiations

- The student who rolls the dice chooses which exercise everyone from the group performs.
- If equipment is limited, arrange students in groups of 3s or 4s.
- Different students volunteer each round to choose an exercise for everyone to do.



• Rearrange groups after a few rounds.

Checks for Understanding/Assessment Strategies

- Share something about you didn't know about your partner.
- Was there anything you had in common with your partner?
- What were some of the activities you selected and what health-related fitness component did it work on?

"Getting to Know You" Dice Game

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•	What is your favorite book or movie?	What is your favorite music or type of music?	Your favorite unit to teach	Who inspires you?	A place you would like to visit some day	What emoji best describes you?	
•	What is your favorite TV show?	What is your favorite fruit or vegetable?	Your favorite number	Why did you choose this profession?	What makes you smile!	What is your favorite time of the year or holiday?	
••	What is your favorite dish/meal?	What do you like to do on weekends?	Your favorite season and why	A special skill you have.	What is your favorite type of animal? Why?	If you could have a superpower, what would it be? Why?	
	A subject or topic that you love to learn about.	A special place you have been to or remember	What is your favorite type of car or motorcycle?	What is the best thing about your profession/ job?	What is your least favorite food? Why?	What scares you the most?	
	What is your favorite sport?	A memory you treasure (that you can share with others)	What three words would your friends use to describe you?	What is your favorite color?	If you could live in the ocean, what kind of fish would you be? Why?	If you were not in the field of education, what would your dream job be?	
	If you have won the lottery, what would you do first?	What is your favorite lesson/unit to teach? Why?	What is your least favorite unit/lesson to teach? Why?	If you could move to a different country, which country would you move?	Are you a Marvel or DC fan? Which character are you?	If you could change one thing in your life, what would it be?	